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DAILY DEVOTIONCOUNT YOUR BLESSINGS

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EPHESIANS 1:3 NLT 3 All praise to God, the Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly realms because we are united with Christ.

An old song says: "Count your blessings, name them one by one, and it will surprise you what the Lord has done."

It's easy to lose perspective. We all face challenges and difficulties in life. And if we are not on guard, they can divert our attention from all the Lord has done for us.

Yes, you may face obstacles, but you need to remember the man who complained that he had no shoes till he saw a man who had no feet.

We may not have everything we would like, but we all have something to be thankful for.

Your children may be a challenge, but at least you have children.

Your spouse may tempt you to pull your hair out, but there are millions who would gladly trade places with you.

Your boss may be ruthless, but there are many in the world who would literally give anything to have any job so they could feed their family.

Your attitude is determined by your focus. When you focus on the negative -- you turn negative, making your life, and those around you, miserable.

It is amazing how different you feel after taking just a few minutes to truly thank God for what you have.

Say Lord I thank you because I can read! I can see! I can smell! I can hear! I can talk! I can think! Thank you Jesus Christ for your love.

PRAYER: Thank you Lord for every blessing you have provided for me